

The Sacraments: Seven Ways of Experiencing Christ Answer Key

The Sacraments			
Category	Name of Sacrament; Repeatable or Non-repeatable	Sacramental Signs	Brief Explanation of the Sacrament
Sacraments of Initiation	Baptism <i>Non-repeatable</i>	Pouring water or immersion three times in the name of the Trinity	Primary Sacrament of Christian Initiation beginning new life in the Church, repeats what Jesus did as he began his public ministry
	Confirmation <i>Non-repeatable</i>	Anointing with Sacred Chrism (oil), laying on of hands	Completing of Baptism, strengthens new life, signifies the gift of the Holy Spirit
	The Eucharist <i>Repeatable</i>	Blessing, distributing, and eating consecrated bread and wine, the Body and Blood of Christ	Final Sacrament of Christian Initiation that nourishes and sustains us in resurrected life in Christ, spiritual food for the journey
Sacraments of Healing	Reconciliation <i>Repeatable</i>	Confession of sins and words of absolution (forgiveness)	Sacrament of Healing for the forgiveness of sins, pardons and reconciles us with the Church through God's mercy
	Anointing of the Sick <i>Repeatable</i>	Prayer of faith, the laying on of hands, and the anointing with the Oil of the Sick	Sacrament of Healing for those who are seriously ill or for any life-threatening situation (e.g., serious surgery)
Sacraments at the Service of Communion	Holy Orders <i>Non-repeatable</i>	The laying on of hands and the speaking of the prayer of consecration	A sacrament of service to the Church as a deacon, priest, or bishop, celebrates sacraments according to their office (e.g., priest can celebrate the Eucharist but cannot ordain another priest)
	Marriage <i>Non-repeatable</i> as long as both spouses live	The vows the couple exchanges before a priest or deacon, two other witnesses, and the assembly	Planned by God to bring about two great goods: man and woman pledged in love and service to one another, and the procreation and education of children

